2020 SPRING BASEBALL AND SOFTBALL—BATTER UP!

It’s time to register for Spring youth baseball and softball and here’s what you need to know!

**Baseball**
- For ages 5-17 (age as of 4/30/20)
- Softball for girls age 8-18 (age as of 1/1/20)
- Ages 10 & under register by zone.
  - Fee: $60 (R) $85 (N)
- Registration: Jan 27 for Cary residents
  - Feb 10 for Non residents

Get ready for spring and take your game to the next level!

**BASEBALL AND SOFTBALL CLINICS**
- Learning to Throw - Beginner (age 7-17)
  - Location: Mills Park Softball Field
  - Fee: $20 (R) $26 (N) (1 class)
  - 001325 Sat Feb 29 noon-1:30 p.m.
- Hitting Techniques - Beginner (age 8-17)
  - Location: Mills Park Softball Field
  - Fee: $30 (R) $39 (N) (1 class)
  - 002140 Sat Feb 29 8:30-10 a.m.
- Pitcher & Catcher Positions - Intermediate (age 11-17)
  - Location: Mills Park Softball Field
  - Fee: $30 (R) $39 (N) (1 class)
  - 002163 Sun Mar 1 2:30-4 p.m. (Pitcher)
  - 002159 Sun Mar 1 2:30-4 p.m. (Catcher)

2019 ELKS HOOP SHOOT - SHOOTING STARS

Young athletes put their free-throw shooting skill to the test at the Elks Hoop Shoot on Nov. 23. This competition is co-sponsored with the Raleigh Elks Lodge #735. Winners are qualified for additional competitions that will lead to a National Championship!

**Boys 8-9:**
- (1st) Matthew Ellis (2nd) Jack Girard (3rd) Lucas Engbring

**Girls 8-9:**
- (1st) Janisha Ellis (2nd) J’anni Alexander-Woods (3rd) Amanda Janarth

**Boys 10-11:**
- (1st) Tylan Reid (2nd) Andy Hou (3rd) Whit Gaddy

**Girls 10-11:**
- (1st) Sayyona Alexander-Woods (2nd) Janyah Gbor (3rd) Talia Privettte

**Boys 12-13:**
- (pictured right) (1st) Trey Ramsey (2nd) Joshua Bowen (3rd) Ethan Holloway

**Girls 12-13:**
- (1st) Dasi French

MARK YOUR CALENDARS! UPCOMING SPORTS LEAGUE REGISTRATIONS

**Spring Adult Volleyball**
- Team Registration: Feb 3-16
  - Team Fee: $250
  - Season: March-June

**Spring Adult Softball**
- Team Registration: Feb 10-23
  - Team Fee: $500/$350
  - Season: April–June

**Spring Senior Softball (50+ & 60+)**
- Registration Mar 2-22
  - Fee: $45 (R) $60 (N)
  - Season: April–June

**Town of Cary Youth and Adult League Sports**

CATCH A GAME OR MATCH!

**Cary Tennis Park**
- (919) 462-2061

**Feb 7-9**
- WWTA Polar Doubles Tournament

**Feb 29-Mar 1**
- Cary Junior Championships

**Mar 13-16**
- USTA Southern Level 1A Championship Boys and Girls 12 & 14

**Mar 21-22**
- Tennis on Campus Border Battle

**NTC**
- USA Baseball Nat’l Training Complex (919) 387-5844

**Feb 28 - 3 p.m.**
- Penn State vs Princeton

**Feb 29 - 12 p.m.**
- Princeton vs Penn State

**Mar 1 - 11 a.m.**
- Penn State vs Princeton

**Mar 5-14**
- DII Challenge – Coaches vs. Cancer

**WakeMed Soccer Park**
- (919) 858-0464

**Mar 7 - 2 p.m.**
- NCFC vs. Louisville FC

**Mar 14 - 2 p.m.**
- NCFC vs. Philadelphia Union II

ARE YOU LOOKING FOR A TEAM?

Add your name to the individual interest list for adult league sports. The list is distributed to the team captains and if they need additional players they may contact you.

To be added to the list please email Tracey.Hedgpeth@townofcary.org. Indicate the sport (basketball, softball or volleyball) you are interested in and include your phone number and email.

Contact Tracey Hedgpeth to request a registration packet: (919)469-4062 | tracey.hedgpeth@townofcary.org
**YOUTH VOLLEYBALL LEAGUES AND CLASSES**

*Youth Volleyball League Registration* (age 10-18)
Mar 30-Apr 12 Cary residents
Apr 13-19 Cary residents and Non residents
Season: mid May-July
Nights of play: Mon-Fri (1-2 nights per week)
Fee: $60 (R) $85 (N)

000166 12U (Age 10-12)  Age determined as of Sep 1, 2020
000167 14U (Age 13-14)
000168 18U (Age 15-18)

The youth volleyball league is recommended for participants who have played organized volleyball (school team, etc.) or taken Town of Cary volleyball skills classes. Those without previous organized volleyball experience should consider registering for a skills class.

*Youth Girls and Boys Volleyball Skills Class* (age 9-12)
This class is designed for those new to the game or with less experience. Participants will learn and develop the basics skills and techniques.
Location: Bond Park Community Center  Fee: $84 (R) $109 (N) 000138  Tue, Thu  Apr 14-May 7 5:45-7:15 p.m.

*Teen Girls Volleyball Skills Class* (age 13-17)
Participants advance their individuals skills and learn the rotations, rules and offensive strategies for the game.
Location: Bond Park Community Center  Fee: $110 (R) $140 (N) 000142  Tue, Thu  Apr 14-May 7 7:15-8:45 p.m.

**SUMMER SPORTS CAMPS**

Summer is just around the corner and it’s time to start thinking about camp! Sports camps are a great opportunity to try out a new sport or improve existing skills. We offer a wide variety of sports camp options to keep your kids active and engaged over the summer.

Registration opens 9 a.m.:
Feb 4  Cary Residents
Feb 18  Non Residents

**2020 CARY ROAD RACE - APRIL 4**

The Cary Road Race returns to downtown for its third year. This course is a challenging route over rolling city asphalt streets so lace up your running shoes and bring the whole family out for some fun exercise, food trucks and live entertainment!

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<tr>
<th>Pre-registration: (through Mar 31)</th>
<th>Race-Day Registration</th>
<th>Race Start Times</th>
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<tbody>
<tr>
<td>$25 (all runners)</td>
<td>$35 (all runners)</td>
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<td></td>
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<td>8:45 a.m. - 5K</td>
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<td>10:45 a.m. - Fun Run</td>
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**COACHES CORNER**

*Baseball Coaches - FREE On-Field Clinic*
March 12 | 6:30-8:30 p.m.
Bond Park Community Center
This interactive clinic is free to all coaches and will be conducted by USA Baseball staff and coaches. Get your season off to a great start by learning some great new drills for practice.  Register using code 002543

Have questions?
Email TOCinstructors@townofcary.org

**INCLEMENT WEATHER - KNOW BEFORE YOU GO!**

Be sure to check the weather line or website prior to going to the gym. Inclement weather information is updated:
3 p.m. Mon-Fri,
7 a.m. Sat and noon Sun.

Weather Line: (919) 319-4500
Website