

## HOOP IT UP IN CARY!



### Winter Youth Basketball Leagues (age 9-18)

Age determined as of Oct 15, 2017.

Registration will be held Oct 2-22 and participants will register by zone again this year. (Exception: Girls 13-14 & 15-18) The season runs Dec through early Mar with practices beginning the week of Nov 27 and games beginning in mid Dec.

Fees: \$50(R) \$75(N)

Visit [www.townofcary.org](http://www.townofcary.org) for more.



Got game? Take it to the next level with these pre-season basketball classes and clinics.

Register at [www.townofcary.org](http://www.townofcary.org).

### Basketball Achievers Skills Class (age 7-15)

Location: Middle Creek Community Center

Fees: \$105(R) \$135(N) (5 classes)

106399 Tue Oct 3-Nov 7 5-6 p.m.

106392 Tue Oct 24-Nov 21 5-6 p.m.

### Basketball Achievers Shooting & Scoring (age 7-15)

Location: Middle Creek Community Center

Fees: \$105(R) \$135(N) (5 classes)

106433 Thu Oct 12-Nov 16 5-6 p.m.

106434 Thu Oct 26-Nov 30 5-6 p.m.

### Pre-Season Basketball Clinic (age 11-17)

Location: Middle Creek Community Center

Fees: \$85(R) \$109 (N) (1 class)

106402 Tue Oct 31 9 a.m.-4 p.m.

## 2017 ELKS HOOP SHOOT - SHOOTING FOR THE STARS

Show off your free throw skills on Dec 7 at the Bond Park Community Center! Boys and girls age 8-13 (age as of 4/1/18) are eligible to participate in this free-throw contest co-sponsored by the Raleigh Elks Lodge #735. Winners qualify for subsequent competitions leading to a National Championship.

Follow in the footsteps of Casey Mansfield (pictured right) of Cary who won this event in 2016 (Boys 8-9 division). Casey advanced through district and state-wide championships on to the National Southeast Central semi-finals.

Registration for this free event will be accepted on-line until Dec 6 and in person until 5 p.m. on Dec 7. All participants must present a copy of their birth certificate the day of the event. Email [Kyle.Bacon@townofcary.org](mailto:Kyle.Bacon@townofcary.org) for more information.

106865 (age 8-9)  
6:30-7:30 p.m.

106866 (age 10-11)  
7:30-8:30 p.m.

106867 (age 12-13)  
8:30-9:30 p.m.



## SUMMER SPORTS WRAP UP



Summer sports regular season and tournament winners.

### 40 & Over Basketball

(R) and (Div I T) Men 2 Boz (Div II T) Highlanders KAE

### Women's Summer Softball

(R tie) Skipper's Bombshells and Randy's Pizza

(T) Skipper's Bombshells

### NCASA Softball Men's E/Rec State Tournament

Ball Busters (1st place, pictured left)

St. Michael's Gold (2nd place) Disfunctionalz (3rd place)

## CATCH A GAME OR MATCH!



**WakeMed Soccer Park**  
(919) 858-0464

**Oct 1 - 4 p.m.**

NCFC Vs. Indy Eleven

**Oct 3 - 7 p.m.**

UNC Men's Soccer Vs. JMU

**Oct 6 - 7 p.m.**

UNC Men's Soccer Vs. Wake Forest

**Oct 7 - 8 a.m.**

Great American Cross Country Festival

**Oct 17 - 7 p.m.**

UNC Men's Soccer Vs. Old Dominion

**Oct 21 - 7:30 p.m.**

NCFC Vs. San Francisco Deltas

**Oct 22 - 10 a.m.**

UNC Women's Soccer Vs. Louisville

**Oct 22 - 2 p.m.**

US Women's National Team Vs. Korean Republic

**Oct 26 - 6 p.m.**

UNC Women's Soccer vs. Notre Dame

**Oct 27 - 7 p.m.**

UNC Men's Soccer vs. Notre Dame

**Oct 28 - 8 a.m.**

NCHSAA 1A, 3A & 4A, Mid-East Regional Cross Country Meet

**Nov 25 - 8 a.m.**

Nike Cross National Southeastern Reg.



**Cary Tennis Park**  
(919) 462-2061

**Oct 1**

[Cary Tennis Park Classic - Finals](#)

**Oct 13-15**

[Tennis on Campus](#)

**Oct 20-23**

[USTA/ITA Regionals](#)

TBD

[Girl's NCHSAA State Championships](#)

**Oct 27-29**

[WWTA Harvest NTRP Adult Tournament](#)

**Nov 11-12**

[Cary Fall Futures](#) (NC Level 5)



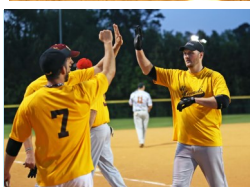
**USA Baseball Nat'l Training Complex**  
(919) 387-5844

No events scheduled for Oct/Nov

Visit [www.townofcary.org](http://www.townofcary.org) for Fall Youth and Adult Sports League Schedules

## ARE YOU LOOKING FOR A TEAM?

Add your name to the individual interest list for adult league sports. The list is distributed to the team captains and if they need additional players they may contact you. To be added to the list please email [Tracey.Hedgpath@townofcary.org](mailto:Tracey.Hedgpath@townofcary.org). Indicate the sport (basketball, softball or volleyball) & include your phone number and email address.



**SK8 CARY FALL CONTEST SERIES - FLYIN' HIGH ON OCTOBER 28**

SK8 Cary will host some of the best action sports athletes on the East coast as they compete for the Fall Contest Series Title on October 28, 10 a.m.-10 p.m. Competition divisions will include beginners up to Open/Pro so come out and show off your skills or just watch some amazing aerial action! Register at SK8 Cary or over the phone at 919-380-2970.

Fees: \$10 Beginner; \$15 Intermediate; \$20 Advanced; \$25 Open/Pro  
Spectators are FREE!

**Pre-Contest Celebration October 27**

Skate/scooter sessions will alternate hourly with BMX sessions from noon to 10 p.m. (Advanced and Open/Pro 6-10 p.m. only). All registered contest participants are granted free admission to warm up for the contest. Spectators welcome!



**NTC ACADEMY - THE NEXT LEVEL FOR BASEBALL AND SOFTBALL**

NTC Academy is a new program offered by the staff at USA Baseball Training Complex. The academy programs are designed for the more experienced baseball or softball player who is looking to refine their existing skills and understanding of the game. To register visit [www.townofcary.org](http://www.townofcary.org) or for more details on the NTC Academy program contact [TOCinstructors@townofcary.org](mailto:TOCinstructors@townofcary.org) or call 919-387-5844.

**Baseball (age 14-18)**

Location: USA Baseball NTC

**Pitching Skills & Techniques**

Fees: \$30(R) \$39 (N) (1 class)  
107723 Wed Oct 25 6-7:30 p.m.

**Catcher's Skills and Techniques**

Fees: \$30(R) \$39 (N) (1 class)  
107724 Wed Oct 25 6-7:30 p.m.

**Baseball (age 14-18)**

Location: USA Baseball NTC

**Hitting Skills & Techniques**

Fees: \$27(R) \$35 (N) (1 class)  
107710 Sun Oct 29 1-2:30 p.m.

**Fielding Skills & Techniques**

Fees: \$27(R) \$35 (N) (1 class)  
107714 Sun Oct 29 2:30-4 p.m.

**Softball (age 12-18)**

Location: Mills Park Softball Field

**Fall Skills Training Series**

Fees: \$115(R) \$145 (N) (5 classes)  
107688 Sun Oct 1-29 6-7:30 p.m.

Participants registered for this program will be automatically enrolled in the School Softball Prep program.

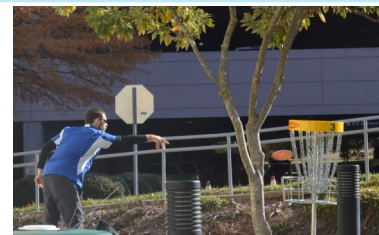
**School Softball Prep**

Fees: \$45(R) \$54 (N) (2 classes)  
107676 Tue, Thu Nov 7 & 9 6-7:30 p.m.

**DOWNTOWN URBAN OPEN - DISC GOLF TOURNAMENT AND YOUTH CLINIC**



Discs will be flying in downtown Cary again this year. The Downtown Urban Open is in its sixth year and quickly becoming a post Thanksgiving tradition. The event will kick off on Saturday, November 25 with a Youth Disc Golf clinic and Random Draw Doubles competition and finish on Sunday, November 26 with a 2-Round PDGA Tournament. Bring the kids out to learn the game and watch some fun and exciting disc golf competition in beautiful downtown Cary!



**Youth Clinic (age 5-12)**

Saturday, November 25 | 9-11 a.m. | \$20  
Herb Young Community Center

[Register](#) using course code 105655. This is a beginner level clinic, registration includes disc, towel and mini disc marker.

**Random Draw Doubles**

Saturday, November 25 | 1-6 p.m.  
\$10 | \$5 optional 50/50 Ace Pool  
Registration noon-1 p.m.

**2-Round PDGA Tourney | C Tier**

Sunday, November 26 | 8 a.m.-6 p.m.  
\$40 Amateur | \$60 Professional  
[Register](#) starting October 13

**COACHES CORNER**



**Focus on the Fundamentals**

The fundamentals of basketball are the foundation for every individual play, offensive or defensive strategy, and every move that your players make. The best players have perfected the basics of the game. Learning and mastering these basics make the rest of the game much easier!  
Source: [Breakthrough Basketball](#)

**INCLEMENT WEATHER - KNOW BEFORE YOU GO!**



Be sure to check the weather line or website prior to going to the field or gym. Inclement weather information is updated  
3 p.m. Mon-Fri,  
7 a.m. Sat and noon Sun.

Weather Line: (919) 319-4500  
[Weather Website](#)