

# TOWN of CARY

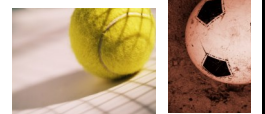
Parks, Recreation & Cultural Resources

[www.townofcary.org](http://www.townofcary.org)



# SPORTS SPOTLIGHT

## Dec 2016/Jan 2017



### CARY FALL SPORTS WRAP UP

Youth and adult fall sports leagues have just completed an exciting season of play. Congratulations to all the fall regular season and tournament champions and also to the fall youth basketball teams that finished their season in November.

#### Youth Baseball Regular Season Champions

- Single A Wake Family Eye Care
- Double A Spielberg Orthodontics
- Triple A Environmental Heating & Air
- Major Orioles



#### Youth Softball Regular Season Champions

- Rookie Grade Power Learning
- Minor Neuconcepts
- Major (tie) Sally Cox State Farm & Hey Clinic for Scoliosis and Spine Surgery

#### Men's Open Basketball (Regular Season and Tournament on Champions)

- Men's A (R & T) Epic Health Care
- Men's B (R & Div I T) The Hitmen (Div II T) Buckets
- Men's C (R & T) Knights Play



#### Adult Volleyball (Regular Season & Tournament Champions)

- Coed A (R & T) Prime
- Coed AA West (R) Cheeky Volleyball Pun (T) Diggin' and Swingin'
- Coed AA East (R& T) We Hit Your Balls
- Men's Open (R & T) We Hit Your Balls Women's Open (R & T) Whatever Works
- Men's A (R tie) We Smack Your Balls and Suicide Squad (T) Suicide Squad

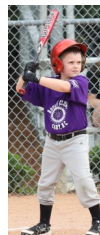
#### Adult Softball (Regular Season & Tournament Champions)

- Coed B/C (Mon/Wed) (R) DCC
- Div I (T) DCC Div II (T) Carolina Ale House
- Coed B/C (Tue/Thu) (R) Chargers
- Div I (T) Chargers Div II (T) Doherty's Bad News Beers
- Men's Open C (R) Free Agents (T) Precision Air Technology
- Men's Open B (R) Disfunctionalz (T) Band of Misfits
- Men's Open/Men's Church B/C (R) Colonial Blue
- Men's Open B/C (T) Colonial Blue Men's Church B/C (T) TCC Gray



### Spring Youth Baseball and Softball Gets Into the Zone!

The Town of Cary is moving to geographic zones for the 2017 spring youth instructional baseball and softball leagues (age 5-10). The goal is to permit participants in those leagues to practice and play games more frequently at locations closer to their home. The Town will be divided into West, Central and South zones. The fields located in each of those zones can be found [here](#). Older baseball and softball leagues require fields of a certain size and layout. The Town does not have fields in each zone of the necessary size to accommodate the older leagues.



### CATCH A GAME OR MATCH!

Town of Cary Parks, Recreation & Cultural Resources  
(919) 469-4061 for more information.

Visit [www.townofcary.org](http://www.townofcary.org) for game schedules.

WakeMed Soccer Park  
(919) 858-0464 for more information or visit [www.townofcary.org](http://www.townofcary.org)



No events scheduled for Dec/Jan

Cary Tennis Park  
(919) 462-2061 for more information or visit [www.townofcary.org](http://www.townofcary.org)



Dec 2-4  
[Cary Winter Championships](#) (NC Level 4)

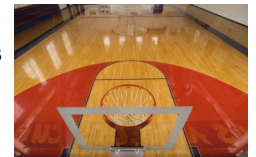
USA Baseball National Training Complex  
(919) 387-5844 for more information or visit [www.townofcary.org](http://www.townofcary.org)



No events scheduled for Dec/Jan

### Elks Hoop Shoot

It's not too late to get in on the action at the Elks Hoop Shoot on Dec 8. Sign up now for a chance to have your name enshrined in the Basketball Hall of Fame! Registration will be accepted on-line until Dec 7 and in person until 5 p.m. on Dec 8. The event will be held at Bond Park Community Center and is open to age 8-13. All participants must bring a copy of their birth certificate. Visit [Elks Hoop Shoot](#) or call (919) 462-2031 for more information.



### Looking for a Sports Team?

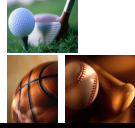


Add your name to the individual interest list for adult league sports. The list is distributed to the team captains and if they need additional players they may contact you. To be added to the list please email [Tracey.Hedgpeth@townofcary.org](mailto:Tracey.Hedgpeth@townofcary.org). Indicate the sport you're interested in (basketball, softball or volleyball) & include your contact information (phone and/or email address).

#### Mark your calendars! Upcoming Adult & Youth Sports League Registrations

<p><b>Winter 35 &amp; Over Basketball</b></p> <p><b>Jan 3-6</b></p> <p>Team Fee: \$450</p> <p>Season: Feb-Apr</p>	<p><b>Youth Baseball (age 5-18)</b> <b>Youth Softball (age 8-18)</b></p> <p><b>Jan 30-Feb 19</b></p> <p>Fee: \$50(R) \$75(N)</p> <p>Season: Apr-Jun</p>	<p><b>Spring Adult Volleyball</b></p> <p><b>Feb 27-Mar 2</b></p> <p>Team Fee: \$225</p> <p>Season: Late Mar-Jun</p>
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Email [Tracey.Hedgpeth@townofcary.org](mailto:Tracey.Hedgpeth@townofcary.org) or call (919) 469-4062 to request a registration packet.



### Volunteer Coaches Make It Happen!

Each season volunteer coaches give their time, enthusiasm and knowledge to the Town of Cary youth sports programs. Without them we would not be able to provide the quality programming that you've come to expect. Now is the time to let them know how much they are appreciated. Each year the Cary Parks, Recreation and Cultural Resources department accepts nominations for outstanding volunteer awards in various fields. Nominations are reviewed and awards presented at the annual Volunteer Banquet in March. If you had a coach that made your child's season a great one please take a moment to submit a nomination. Visit the [volunteer awards page](#) beginning Dec 30 to view award categories and print nomination forms.



### Make Fitness a Family Affair This Winter!

Keep you and your kids active this winter in one of our many sports classes or clinics. It's a great time to brush up on your skills or try something new! Visit [www.townofcary.org](http://www.townofcary.org) for more information.

#### Little Tyke Sports - Basketball (age 3-5)

Herbert C. Young Community Center  
Fee: \$30(R) \$39(N)  
100119 Tue Jan 10-24 9:30-10:15 a.m.

#### Track and Field Clinic (age 5 & up)

Mills Park Track  
Fee: \$5(R) \$7(N)  
100266 Sun Jan 15 2:30-4:30 p.m.

#### Archery

Middle Creek Community Center  
Fee: \$25(R) \$32(N)  
Age 8 & up  
99868 Wed Jan 11-Feb 15 5:30-6:30 p.m.  
Senior (age 55 & up)  
99865 Wed Jan 11-Feb 15 3-4 p.m.

#### Pickleball Clinic (age 15 & up)

Bond Park Community Center  
Fee: \$5(R) \$7(N)  
99745 Tue Jan 10 2-4 p.m.

#### Youth and Adult Tennis (age 4 & up)

Grab a racquet! Classes for the beginner to the advanced player are offered year round at the [Cary Tennis Park](#).



#### Skate & BMX Last Thursday Clinics (age 8 & up)

Sk8-Cary Thu Jan 26 Fee: \$18(R) \$23(N)  
100890 5-6 p.m. (BMX-rolling down all ramps)  
100907 6-7 p.m. (Scooter-rolling down all ramps)  
100924 7-8 p.m. (Skateboard - Kickturns & skate basics)

#### Sports of All Kinds (age 5-8)

Bond Park Community Center  
Fee: \$60(R) \$78(N)  
100174 Tue Jan 17-Feb 21 5-5:45 p.m.

#### Basketball Achievers Skills Class (age 7-15)

Middle Creek Community Center  
Fee: \$98(R) \$127(N)  
100098 Tue Jan 3-Feb 7 5-6 p.m.

#### Serve N Play Badminton Training (age 7-15)

Bond Park Community Center  
Beginner/Intermediate  
Fee: \$98(R) \$128(N)  
100403 Sat Jan 14-Mar 18 6:15-7:15 p.m.  
Intermediate/Advanced  
Fee: \$98(R) \$128(N)  
100404 Sat Jan 14-Mar 18 7:15-8:15 p.m.

#### Youth and Adult Fencing

En Garde! Classes for beginners to advanced fencers are offered at the [Middle Creek Community Center](#).

### INCLEMENT WEATHER

#### Know before you go!



Be sure to check the weather line or website prior to going to the gym. Inclement weather information is updated 3 p.m. Mon-Fri, 7 a.m. Sat and noon Sun.

Weather Line: (919) 319-4500  
Website: <http://games.townofcarync.gov/>

### COACH'S CORNER

Have a sense of humor – When you work with kids you have to have a sense of humor. In fact, I don't see how you can work with or coach kids without having one. Your players will love being around you when they know that you are someone they can laugh and kid around with while not crossing the line of disrespect. Youth players and kids in general are full of life, energy and humor so why shouldn't you be?

Source: [Breakthrough Basketball](#)

